



Warwick West State School Tuckshop Open: Tuesday - Friday

The Aim of Our Tuckshop Is to Provide Fun, Healthy and Delicious Food for Our Whole School Community.

We Only Use the Freshest of Ingredients & Buy Local Where Possible.

Smart Choices Compliant – Low Fat – Low Sugar – All dishes made fresh onsite – Yum!

Convenor: Robynne Yarwood 4660 5333

Term 2 Menu 2017

SANGA's

Ham - \$3.00

With salad add 50c

Chicken - \$3.00

With salad add 50c

Toasties

Cheese \$2.30

Ham & Cheese \$3.50

Ham, Cheese & Tomato \$3.80

Chicken & Cheese \$3.50

Toastie Meal Deal \$6.00

Choose a Toastie, Milk & Apple Slinky

Term 2 Special

Available Tuesday, Wednesday and Thursday only

Bolognese BOMB

The yummiest savoury mince ever!

A pie that's not a pie!

Served in a fresh dinner bread roll

& topped with grated cheese.

Baked until golden.

\$3.00

Yummy Snacks

Fresh Seasonal Fruit - \$1.00

Free SLINKY available to students for apples & pears

Fresh Air Popped Popcorn – 20c

Made Fresh Daily

Mini Snack Tray - \$2.00

Carrot sticks, Cheese, Crackers

Red Rock Chips - \$ 1.50

Surprise Home Bake \$1.00

The WESTIE Tucker Bag \$4.50

Includes a Cheese or Vegemite Sandwich, a piece of fresh Home Baking, Juice and a piece of seasonal fruit.

Wraps

Ham and Salad - \$4.00

Ham, Carrot, Tomato, Lettuce

Chicken and Salad - \$4.00

Chicken, Carrot, Tomato, Lettuce

Chicken Wedges Deal - \$4.50

4 tender wedges and a piece of seasonal fruit

Tummy Warmers

Chicken Little Burger - \$2.00

Tender chicken, lettuce, cheese, mayo

Chicken Patty Burger - \$4.50

Crumbed patty, lettuce, lite mayo

Pizza - \$3.00

Homemade Ham & Pineapple

Garlic Bread - \$2.00

Homemade

Thirst Quencher

Water - \$1.00

Fresh Milk (reduced fat) - \$1.50

Plain 150ml

Flavoured Milk (reduced fat) - \$2.00

Chocolate or Strawberry 250ml

Juice (99.9% fruit) - \$2.00

Orange or Apple 200ml

BROWN PAPER BAGS - 5c each

PLASTIC SPOONS - 5c each

Keep Up To Date:

School Newsletters, Emails & Website

<https://warwwestss.eq.edu.au>

Keep an eye out for additional theme specials this Term such as State of Origin, ANZAC Day and Mother's Day

Frozen Corner

Only Available at Lunch

Zooper Dooper – 70c

TNT's - \$1.00

Frozen Yoghurt \$2.50

HOW TO ORDER

Write your child's name, class, break tuckshop is required for and order details on a brown paper bag. Take the bag to the Tuckshop before school starts in the morning, by **9.00am**. Any lunch orders received after 11.00am will be supplied according to the food available.

Warwick West State School is an initiative of the P&C Association and therefore all revenue earned through the Tuckshop assists the students at Warwick West. Our Tuckshop strives to offer students nutritious and affordable food.

Notes:

- If a child does not receive all his/her lunch order they should go to the Tuckshop on the day with their lunch order bag so it can be organized.
- Children who have no lunch at school will be supplied with a \$4.50 Westie Tucker Bag, at parents/caregivers cost.
- Children who go home sick should let the Tuckshop know via their teacher if they have a lunch order so that it can be cancelled.
- The Tuckshop sub-committee reserves the right to alter prices.

Lunch bags:

- Please order lunch using a **Paper Lunch Bag** no plastic bags or envelopes
- Lunch bags are sold from the Tuckshop for 5c each

SCHOOL BREAK TIMES

Tuckshop is open Tuesday to Friday – closed on Mondays (open for ice-blocks during lunch if weather is forecast 32°C and over).

Upper School Morning Tea: 10:30 – 11:00am

Upper School Lunch: 12:45 – 1:30pm

Lower School Lunch: 11:00 – 11:45am

Lower School Afternoon Tea: 1:30 – 2:00pm

The Tuckshop Convenor is in attendance from 8:30am to 1:45pm.

TERM SPECIALS

Term specials will change each term. There will be theme specials included throughout the terms for Special Occasions such as Easter, Christmas, local show and rodeo etc. these will be advertised prior.

WE WANT YOU!

The tuckshop is co-ordinated by our convenor and relies on the support of volunteers. Volunteers are always appreciated and needed in the Tuckshop. This is a great way to help out and meet other parents. The children also enjoy seeing a familiar face behind the counter. If you could spare a couple of hours once a month please see our tuckshop convenor or contact the school office on 4660 5333.

FEEDBACK

Would you like to see something on the menu? We would love to hear your suggestions and give them a try if it is a suitable healthy option. Pop in and see Rob at the Tuckshop or email PandCTuckshop@warwwestss.eq.edu.au